

What is the  
**SAS SMALL GROUP  
PROGRAM?**



[www.secretagentsociety.com](http://www.secretagentsociety.com)

## Transforming children's lives together.

SAS Small Group Program consists of child Club Meetings, Parent Group Meetings, Teacher Information Sessions and Teacher Tip Sheets, paired with real-life practice Missions and a handy Skill Tracker system to monitor and reward skill development across home, school and community activities.

### Four key life skills in one

Secret Agent Society (SAS) Small Group Program is an evidence-based breakthrough approach for clinical and school services to empower:

1. **Emotion Recognition** (in other people and self);
2. **Emotion Regulation** (particularly anxiety and anger);
3. **Social Skills** (for friendship, team work and getting along with others!); and
4. **Problem Solving** (as an individual and in a group).

*"I didn't think we'd be where we are now, I was going to pull him out of school altogether"*

### Evidence-based content & program structure.

Originally designed and demonstrated effectiveness for autism, the evidence-base and use is with children aged 8 to 12 with identified social and emotional challenges, including autism, attention deficit hyperactivity disorder (ADHD), and anxiety disorders. With over 19 publications to-date, including four Randomised Controlled Trials, research has been conducted in Australia, Ireland, Canada, and USA.



## A comprehensive & co-designed toolkit.

As an innovative digital health solution, SAS involves an intuitive and engaging software package lead by clinical or education professionals. The software (including espionage-themed gamified learning) streamlines group sessions, between-session activities, and adult information sharing for both face-to-face or telehealth services.

The digital health approach allows for:

- Uninterrupted program access and skill development during periods of isolation from the community;
- Flexibility to reach more families through remote delivery;
- Automated pre-post assessment administration and scoring;
- Real-time group progress reporting; and
- Ensures program fidelity for maximum results and service quality.

*"I found it really easy and useful to check the cadet and parent progress"*

### Professional Training provides knowledge & confidence.

Professionals from clinical services and schools learn to deliver the program aligned with evidence-based and clinical best practice in a flexible fourteen (14) hour SAS Facilitator Training Course. The self-paced online training units involves learning activities such as; videos providing session modelling and lecture content, gamified creative problem solving, simulation activities, review of program instructions and assessment questions and quizzes. The course will unlock with progressive assessment which is designed to assist all trainees to achieve successful completion.

*"Fabulous activities to use with cadets, ways to problem solve and what to do if things go wrong!"*

### Make meaningful change in children's lives.

The underlying content and process behind the SAS framework is informed by diverse cognitive profile and evidence-based therapeutic and behaviour change approaches.

**For more information,  
visit [www.secretagentsociety.com](http://www.secretagentsociety.com)**



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The Social Science Translated is a wholly-owned subsidiary of the not-for-profit Autism CRC, the world's first national, cooperative research effort focused on autism.