STEP INTO

THE GREAT TIME MACHINE EXPERIMENT



What do you wish you knew about yourself as a child?



Send a message back in time and help kids understand who they are!



Social Science Translated

What we are doing

We are **co-designing** practical inclusive identity and self-advocacy resources for **children** and the adults who support them.

- Flexible digital modules.
- Individual, small group and classroom use.
- Led by educators, clinicians and adult mentors.
- Designed for broad accessibility and delivery in community at scale.

How you can get involved

We want to hear **your voice** too! By sharing your thoughts, you can help us make resources that are impactful and easy to use.

Step 1: Imagine you could talk to your younger self.

Step 2: Scan the QR code and step into the Great Time Machine Experiment!

Step 3: Then sign up via email for project updates.

Why this matters

"Too many neurodivergent children grow up feeling misunderstood. We're changing that."

Neurodivergent and disabled children are particularly vulnerable to social stigma, exclusion, and a lack of autonomy.

However, developing a **healthy sense**of identity and self-advocacy can protect them from these challenges.

When children gain this knowledge from a young age, they can start to come up with their own magic formula for life. With a healthy sense of self, children can feel more **connected** to self and their communities, experience better **learning, mental health**, and **career** outcomes.



We're helping children with disability feel confident

"We want to build communities where diversity is a strength, not a challenge"

We are helping children say, "This is who I am, and this is what I need – and that's ok!" – while also learning to **listen, understand, and include others**. We are co-designing, flexible, digital resources, that support children to:

- Feel confident in who they are.
- Speak up for themselves respectfully.
- Connect with their diverse communities.
- Reach their goals with self-confidence.

A parallel PhD, led by Jasmine Gough, a neuordivergent researcher is capturing much needed knowledge in this important area.

Stakeholders will support co-design, testing, feedback, and consultation to ensure clarity, accessibility, inclusivity, safety, and contextual relevance. This process ensures our resources are **practical**, **affirming**, and reflect the voices of those they're designed with and for.



The Vision

Our project aims to empower children to explore their **identity** and express their needs with confidence, while learning to value and make space for others. Inclusion means meeting in the middle—**no one needs to hide** or change to belong.



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Peer Support and
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Contact us

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