



## Four Skill Areas in One.

Secret Agent Society (SAS) Small Group Program is an evidence-based breakthrough approach for clinical and school services to empower:

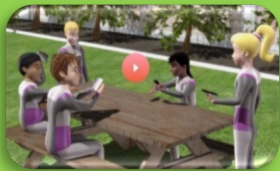
1. **Emotion Recognition** (in other people and self);
2. **Emotion Regulation** (particularly anxiety and anger);
3. **Social Skills** (including for both friendship and team work!); and
4. **Problem Solving** (as an individual and in a group).

To see how the program integrates espionage, technology and fun, please review the [SAS Digital HQ Trailer!](#)

## Strong Evidence-Base.

Originally designed and demonstrated effectiveness for autism, the **evidence-base and use** is with children aged 8 to 12 with identified social and emotional challenges, including autism, attention deficit hyperactivity disorder (ADHD), and anxiety disorders. With over 17 publications to-date, research has been conducted in Australia, Ireland, Canada, and USA, and currently three very exciting major research studies are underway or under preparation for publication.

To access more detail about the current published SAS research, please review [The Evidence!](#)



*"Didn't think we would be where we are now, I was going to pull him out of school altogether."*

*"A lot easier to parent. I enjoy it more now and I get to do nice stuff with him now."*

## Innovative and Practical.

Recently transformed into an **innovative digital health solution**, is now SAS available as an intuitive and engaging software package lead by clinical or education professionals. The software (including espionage-themed gamified learning) streamlines group sessions, between-session activities, and adult information sharing for both **face-to-face** or **telehealth** services.

The digital health approach allows for:

- Uninterrupted program access and skill development during lockdowns;
- Application to reach more families through remote service delivery;
- Automated pre-post assessment administration and scoring;
- Real-time group progress reporting; and
- Ensures program fidelity for maximum results and service quality.



## Wraparound Supports.

SAS Small Group Program consists of child Club Meetings, Parent Group Meetings, Teacher Information Sessions and Teacher Tip Sheets, paired with real-life practice Missions and a handy Skill Tracker system to monitor and reward skill development across both **home and school**.

To learn more about the SAS Small Group program, please review our dedicated [webpage](#).



## Professional Training.

Professionals from clinical services and schools learn to deliver the program aligned with evidence-based and clinical best practice in a flexible fourteen (14) hour **SAS Facilitator Training Course**. The self-paced online training units involves learning activities such as; videos providing session modelling and lecture content, gamified creative problem solving, simulation activities, review of program instructions and assessment questions and quizzes. The course will unlock with progressive assessment which is designed to assist all trainees to achieve successful completion.



*“Fabulous activities to use with cadets, ways to problem solve and what to do if things go wrong!”*



*“It is flexible and allows you to complete at your own pace. Video demonstrations are very helpful, getting to see how the strategies and tools are taught. There were lots of helpful troubleshooting tips. The course does really well in preparing you for all kinds of situations that may arise during sessions and great solutions to address them.”*

The underlying content and process behind the SAS intervention framework is informed by the autism spectrum cognitive profile and evidence-based therapeutic and behaviour change approaches.

To learn more about becoming an SAS Provider, please review our [SAS Implementation Guide](#) or [contact us](#).

## Who We Are.

The Social Skills Training Institute is a wholly-owned subsidiary of the not-for-profit Autism CRC Ltd, a world first research collaboration based in Australia.

